

Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 2/1/2024 To: 2/29/2024

Thursday, February 1, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
840	Pizza 5" Round Deep Dish Tonys	Gluten, Milk, Soy, Wheat
485	Salad	Milk

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Allergen List - for menu 'Elementary Lunch' From: 2/1/2024 To: 2/29/2024

Friday, February 2, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
390	Bagel - McKenzie	Gluten, May Contain Sesame, Wheat
306	Cream Cheese Cup	Milk
304	Fresh Fruit	
763	Jelly Cup	
990073	MILK,CHOC,LOWFAT, 1%	Milk
352	Seasonal Vegetables	Milk
990072	String Cheese	Milk

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Allergen List - for menu 'Elementary Lunch' From: 2/1/2024 To: 2/29/2024

Monday, February 5, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
315	Baked Chips-Selection Varies	
304	Fresh Fruit	
357	Grilled Cheese	Gluten, May Contain Sesame, Milk, Soy, Wheat
990073	MILK,CHOC,LOWFAT, 1%	Milk
352	Seasonal Vegetables	Milk
358	Tomato Soup	Milk

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Allergen List - for menu 'Elementary Lunch' From: 2/1/2024 To: 2/29/2024

Tuesday, February 6, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
642	BBQ Sauce -	
304	Fresh Fruit	
606	Grilled Chicken on a Wheat Bun	Gluten, Wheat
990073	MILK,CHOC,LOWFAT, 1%	Milk
352	Seasonal Vegetables	Milk

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Allergen List - for menu 'Elementary Lunch' From: 2/1/2024 To: 2/29/2024

Wednesday, February 7, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
822	Nacho Cheese - WJHS	Milk
496	Salsa - 1TBS	
352	Seasonal Vegetables	Milk
338	Tortilla Chips	
338	Tortilla Chips	
823	Turkey Taco Meat - WJHS	Milk

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Allergen List - for menu 'Elementary Lunch' From: 2/1/2024 To: 2/29/2024

Thursday, February 8, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
840	Pizza 5" Round Deep Dish Tonys	Gluten, Milk, Soy, Wheat
485	Salad	Milk

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Allergen List - for menu 'Elementary Lunch' From: 2/1/2024 To: 2/29/2024

Friday, February 9, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
315	Baked Chips-Selection Varies	
149	CHEESEBURGER ON A BUN	Gluten, Milk, Soy, Wheat
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
352	Seasonal Vegetables	Milk

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Allergen List - for menu 'Elementary Lunch' From: 2/1/2024 To: 2/29/2024

Monday, February 12, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
494	Chicken Gravy	Milk, Soy, Wheat
317	Corn	Milk
304	Fresh Fruit	
753	Italian Chicken Tenders, Barbe	Gluten, Milk
509	Mashed Potatoes	Milk
990073	MILK,CHOC,LOWFAT, 1%	Milk

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Allergen List - for menu 'Elementary Lunch' From: 2/1/2024 To: 2/29/2024

Tuesday, February 13, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
66	Chicken Pasta Caesar Salad	Egg, Gluten, Milk, Wheat
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
314	Whole Wheat Roll	Gluten, Wheat

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Allergen List - for menu 'Elementary Lunch' From: 2/1/2024 To: 2/29/2024

Wednesday, February 14, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
359	Breadstick	Gluten, Wheat
360	Butter	Milk
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
346	Rotini	Gluten, Milk
352	Seasonal Vegetables	Milk

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Allergen List - for menu 'Elementary Lunch' From: 2/1/2024 To: 2/29/2024

Thursday, February 15, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
840	Pizza 5" Round Deep Dish Tonys	Gluten, Milk, Soy, Wheat
485	Salad	Milk

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Allergen List - for menu 'Elementary Lunch' From: 2/1/2024 To: 2/29/2024

Friday, February 16, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
728	Cheese Quesadilla	Gluten, Milk, Soy, Wheat
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
496	Salsa - 1TBS	
338	Tortilla Chips	

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Allergen List - for menu 'Elementary Lunch' From: 2/1/2024 To: 2/29/2024

Wednesday, February 21, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
315	Baked Chips-Selection Varies	
304	Fresh Fruit	
403	Hot Dog on a Wheat Bun	Gluten, Wheat
990073	MILK,CHOC,LOWFAT, 1%	Milk
82	Veggies	

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Allergen List - for menu 'Elementary Lunch' From: 2/1/2024 To: 2/29/2024

Thursday, February 22, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
840	Pizza 5" Round Deep Dish Tonys	Gluten, Milk, Soy, Wheat
485	Salad	Milk

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Allergen List - for menu 'Elementary Lunch' From: 2/1/2024 To: 2/29/2024

Friday, February 23, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
390	Bagel - McKenzie	Gluten, May Contain Sesame, Wheat
306	Cream Cheese Cup	Milk
304	Fresh Fruit	
763	Jelly Cup	
990073	MILK,CHOC,LOWFAT, 1%	Milk
352	Seasonal Vegetables	Milk
990072	String Cheese	Milk

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Allergen List - for menu 'Elementary Lunch' From: 2/1/2024 To: 2/29/2024

Monday, February 26, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
838	BLT Sandwich on Wheat Bread	Gluten, May Contain Sesame, Wheat
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
352	Seasonal Vegetables	Milk

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Allergen List - for menu 'Elementary Lunch' From: 2/1/2024 To: 2/29/2024

Tuesday, February 27, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
990084	CHICKEN & VEGETABLE DUMPLINGS	Sesame, Soy, Wheat
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
352	Seasonal Vegetables	Milk
5046	TERIYAKI SAUCE	Soy, Wheat
777	Vegetable Brown Rice	Sesame, Soy

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Allergen List - for menu 'Elementary Lunch' From: 2/1/2024 To: 2/29/2024

Wednesday, February 28, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
485	Salad	Milk
140	TACO SALAD	

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Allergen List - for menu 'Elementary Lunch' From: 2/1/2024 To: 2/29/2024

Thursday, February 29, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
840	Pizza 5" Round Deep Dish Tonys	Gluten, Milk, Soy, Wheat
485	Salad	Milk

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